

Mentoring Training

Invite:

Option #1: All Journey participants, their mentors; All Way of Life participants, their mentors; if there is a larger mentoring network within the church, those folks can also be included. And those curious, or willing to mentor but not necessarily "attached" to someone.

Option #2: All mentors of current participants in VP3 processes.

Time Frame: 90 minutes

Promote: Normal church patterns, and personal invitation. A 4 x 6 card with details can be nice to create and pass out when inviting mentors.

Purpose: To encourage adults in a life of companionship and shepherding of one another for life with God through discipleship, mentoring, spiritual friendship, accountability, and care.

Content and Flow:

1. **Welcome & Introductions**
2. **Orient the mentors to the role of mentoring in *The Journey* or other VP3 processes.** Our hope is that this mentoring relationship can be a safe place for the mentoree to discuss their life and "learnings" in light of the reading, reflections, and conversation from the process in which they are participating. We hope that the mentors might be a wise presence that shows interest in what the participant is learning by asking questions, listening, and praying with them.
3. ***Walking Alongside Others: A Mentoring Guide*** - enough for everyone
4. **Review this resource in advance and select one or two content topics that fit your people.**

5. **De-mystify what Mentoring is.** Here are a couple content topics that could help challenge any preconceptions:
 - *What is spiritual mentoring?* (pages 6-7)
 - *Who can be a mentor?* (page 8)
 - *Beginning where people are?* (page 25)
 - The last section of this Guide has a "toolkit" of resources. These are also VERY good. VantagePoint3 would be happy to assist you in your preparation or questions on any of these resources.

6. Invite a couple folks, maybe one male, one female, who you have come to know as **"mentors in your midst."** These are likely unassuming people that don't consider what they are doing walking alongside others as anything special. Ask if they will share with the group "what they do" when they meet with someone for mentoring. This will likely be a highlight of your Mentor Training.

7. **A couple details:**
 - Clarify lines of communication for the mentor if there are concerns: Who should the mentor contact?
 - Gather contact information of mentors
 - Other...

8. **Allow time for questions.**

The Christian spiritual journey is a journey we take with others. Each of us must take our own journey, and for each of us that journey will be unique. But none of us is intended to make that journey alone. The myth of the solitary Christian making his or her way alone to paradise flies in the face of everything the Bible teaches about the church as the body of Christ (1 Corinthians 12:12-31). We are parts of one body as we follow Christ on the journey of personal transformation. We cannot make the journey apart from spiritual companions and community.

David Benner