

Sample Schedule: September – April

SEPTEMBER

- Introductory Stage 1, Session 1
- Stage 1, Session 2

OCTOBER

- Stage 1, Session 3
- No Class – Thanksgiving (CAN)
- Stage 1, Session 4
- Stage 1, Session 5
- Stage 1, Session 6

NOVEMBER

- Stage 1, Session 6–7
- Stage 1, Session 7
- Stage 2, Session 1
- No Class – Thanksgiving (US)

DECEMBER

- Stage 2, Session 2 –
Post-It™ Note Exercise in
session
- Stage 2, Session 3
- Stage 2, Session 4
- No Class – Christmas Break

JANUARY

- Stage 2, Session 5
- Stage 2, Session 6
- Stage 2, Session 7 Stories Begin
- Stories Continue

FEBRUARY

- (Optional: Spiritual Formation
Retreat in extended format. All
Stories shared)
- Stories Continue
- Stories Continue
- Stage 3, Session 1
- Stage 3, Session 2

MARCH

- Stage 3, Session 3
- Stage 3, Session 4 –
StrengthsFinder™
- No class – Spring Break
- Stage 3, Session 4 –
StrengthsFinder™

APRIL

- Stage 3, Session 5, Shared Meal
- Stage 3, Session 6
- Stage 3, Session 7
- Stage 3, Session 8, Celebration

Sample Schedule: Winter Start

JANUARY

- Introductory Stage 1, Session 1
- Stage 1, Session 2

FEBRUARY

- Stage 1, Session 3
 - Stage 1, Session 4
 - Stage 1, Session 5
 - Stage 1, Session 6
- (Optional: Add additional week for 6-7)

MARCH

- Stage 1, Session 7
- Stage 2, Session 1
- Stage 2, Session 2 –
Post-It™ Note Exercise in session
- Stage 2, Session 3

APRIL

- No Class – Spring Break
 - Stage 2, Session 4
 - Stage 2, Session 5
 - Stage 2, Session 6
 - Stage 2, Session 7, Stories Begin
- (Optional: Narrative Retreat in extended format. All stories shared on the retreat)

MAY

- Stories Continue
- Stories Continue
- Debriefing Stories (Meal)

JUNE-AUGUST

- Connect once socially as group during summer.

SEPTEMBER

- Connect socially and hand out Stage 3
- Stage 3, Session 1
- Stage 3, Session 2

OCTOBER

- Stage 3, Session 3
- No Class – Thanksgiving (CAN)
- Stage 3, Session 4 –
StrengthsFinder™
- Stage 3, Session 4 –
StrengthsFinder™

NOVEMBER

- Stage 3, Session 5, Shared Meal
- Stage 3, Session 6
- Stage 3, Session 7
- No Class – Thanksgiving (US)

DECEMBER

- Stage 3, Session 8, Celebration