



# A Way of Life

(Overview)

**Description:** God is up to something good. *A Way of Life* encourages greater attention to and alignment with God's gracious way in your life, your community and the world. Three overarching themes will structure the learning: friendship with God, community with others, and mission on the way. At its core, *A Way of Life* invites you into a set of reflections, practices, and relationships that will help you explore and sustain a way of life faithful to God's good work.

Prerequisite: *The Journey (The Emerging Journey)*

## Stage 1: Friendship with God

This stage invites us to pay attention to a *life of growing intimacy/communion with God*.

- Session Titles
  - Session 1: Invitation to Discover
  - Session 2: Called to Friendship with God
  - Session 3: Bible Reading
  - Session 4: Prayer
  - Session 5: Worship
  - Session 6: A Sabbath Rhythm
  - Session 7: Retreat
- *Sanctuary of the Soul: Journey into Meditative Prayer*  
by Richard J. Foster
- Introducing Practices
  - The prayer of examen
  - Bible Reading—John's gospel
  - Spiritual mentoring relationship

## **Stage 2: Community with Others**

This stage invites us to pay attention to *a life of being with others as God's people.*

- Session Titles

Session 1: Called to Community

Session 2: Living Gratefully

Session 3: Living Truthfully

Session 4: Living Hospitably

Session 5: Spiritual Gifts

Session 6: Celebration & A shared meal

Session 7: Forgiveness (*A book discussion*)

- Additional Text: *Forgiving As We've Been Forgiven: Community Practices for Making Peace* by L. Gregory Jones & Celestin Musekura
- Mutual Mentoring Groups (sub groups of 3-4 people)

## **Stage 3: Mission on the Way**

This stage invites us to pay attention to *a life of being sent by God into the world.*

- Session Titles

Session 1: God's Mission

Session 2: Called to Ministry

Session 3: Connecting Faith & Work (*Field trips*)

Session 4: Connecting Faith & Work (*Debriefing*)

Session 5: Discerning Personal Calling

Session 6: Developing a Rule of Life

Session 7: The Adventure

- Additional Text: *God in the Alley: Being and Seeing Jesus In A Broken World* by Greg Paul
- Connecting Faith & Work fieldtrips
- Blessing/Commissioning participants

*The God who  
has always been  
a part of our  
stories  
invites us to  
become much  
more a part of  
God's story,  
and to see what  
will happen.*

*Tom Sine*