Spiritual Formation Reading List
April 2009

Reminder:
"…no devotional book, past or present, can do anything decisive, if you are not already longing for a deeper spiritual life and prepared to receive it."

James M. Houston

On Spiritual Formation… the process of being conformed to the image of Christ for the sake of others (M. Robert Mulholland definition)

- Brennan Manning, Abba’s Child: The Cry of the Heart for Intimate Belonging, NavPress, 1994
- M. Robert Mulholland, An Invitation to a Journey: A Road Map for Spiritual Formation, IVP, 1993.
- Philip Yancey, Disappointment with God, Zondervan, 1997

On the Spiritual Disciplines (in particular)
On Prayer

• C.S. Lewis, Letters to Malcolm, Chiefly on Prayer, Harvest, 1983
• Richard Foster, Prayer: Finding the Heart’s True Home, HarperSanFrancisco, 1992
• Emilie Griffin, Clinging: The Experience of Prayer,
• David Hansen, Long Wandering Prayer: An Invitation to Walk with God, IVP, 2001
• James Houston, The Transforming Friendship, (re-released entitled The Prayer: Deepening Your Friendship with God, Victor, 2007)
• Philip Yancey, Prayer: Does it make any Difference? Zondervan, 2006

Spiritual Narratives

• Sheldon Vanauken, A Severe Mercy, HarperOne, 1987
• Madeleine L’Engle, Circle of Quiet (1972), The Irrational Season (1977), HarperSanFrancisco
• Augustine, Confessions of St. Augustine, 4th century, (esp. books 1-9)

Selected Classics

• Augustine, Confessions of St. Augustine, 4th century, (esp. books 1-9)
• Aelrid of Riveaulx, Spiritual Friendship, 12th century
• Teresa of Avila, The Interior Castle, 16th century
• John of the Cross, Dark Night of the Soul, 16th century
• Thomas A Kempis, The Imitation of Christ,
• John Bunyan, Pilgrim’s Progress, 17th century
• Thomas R. Kelly, A Testament of Devotion, 20th century
• C.S. Lewis, Mere Christianity – Book IV “Beyond Personality or First Steps in the Doctrine of the Trinity” 20th century
• A.W. Tozer, The Knowledge of the Holy, 20th century
• Renovare’s Devotional Classics and related books, HarperSanFrancisco

Spiritual Formation & Pastoral Work


Spiritual Theology
Eugene Peterson (Eerdmans – 4 of 5 volume series on spiritual theology)
• Eat This Book: a conversation in the art of spiritual reading (2006)
• The Jesus Way: a conversation on the ways that Jesus is the way (2007)
• Tell it Slant: a conversation on the language of Jesus in his stories and prayers (2008)

History of Christian Spirituality

Miscellaneous
• George MacDonald, Diary of an Old Soul
• Edna Hong, The Gayety of Grace
• Jean Vanier, From Brokenness to Community, Paulist Press, 1992.
• Mindy Caliguire, Discovering Soul Care, IVP Connect, 2007