# Sample Schedule: Winter Start

# **JANUARY**

- Introductory Stage 1, Session 1
- Stage 1, Session 2

## **FEBRUARY**

- Stage 1, Session 3
- · Stage 1, Session 4
- Stage 1, Session 5
- Stage 1, Session 6
   (Optional: Add additional week
   for 6-7)

## MARCH

- Stage 1, Session 7
- · Stage 2, Session 1
- Stage 2, Session 2 –
   Post-It<sup>™</sup> Note Exercise in session
- · Stage 2, Session 3

## APRIL

- · No Class Spring Break
- · Stage 2, Session 4
- · Stage 2, Session 5
- · Stage 2, Session 6
- Stage 2, Session 7, Stories Begin (Optional: Narrative Retreat with all stories shared on the retreat)

#### MAY

- · Stories Continue
- Stories Continue
- Debriefing Stories (Meal)

## JUNE-AUGUST

 Connect once socially as group during summer.

## SEPTEMBER

- Connect socially and hand out Stage 3
- Stage 3, Session 1
- Stage 3, Session 2

## OCTOBER

- Stage 3, Session 3
- · No Class Thanksgiving (CAN)
- Stage 3, Session 4 –
   CliftonStrengths/Spiritual Gifts
- Stage 3, Session 5

## NOVEMBER

- Stage 3, Session 6
- · Stage 3, Session 7 Blessing
- Celebration
- · No Class Thanksgiving (US)