



A WAY OF LIFE

OBJECTIVES _____

Cultivating a Life of Discipleship with Jesus

Participants will be invited into life long rhythms of being Jesus' apprentices:

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|--|--|------------------------------|--------------------------------|-----------------------------|
| <ul style="list-style-type: none"> ♦ Becoming Friends of God: Nurturing a life of intimacy and communion with God. ♦ Living as God's People: Nurturing a life of community with others on the journey. ♦ Participating in God's Mission: Nurturing a life of being sent by God into the world. | <table border="0"> <tr><td style="border-left: 1px solid black; padding-left: 5px;">Stage 1: Friendship with God</td></tr> <tr><td style="border-left: 1px solid black; padding-left: 5px;">Stage 2: Community with Others</td></tr> <tr><td style="border-left: 1px solid black; padding-left: 5px;">Stage 3: Mission on the Way</td></tr> </table> | Stage 1: Friendship with God | Stage 2: Community with Others | Stage 3: Mission on the Way |
| Stage 1: Friendship with God | | | | |
| Stage 2: Community with Others | | | | |
| Stage 3: Mission on the Way | | | | |

Fostering an Attentive Life

Participants will be encouraged to become men and women who are "first-class-noticers" of God's presence and activity in their lives, in their communities, and in the world. God is already up to something good...

Exploring Spiritual Practices/Disciplines

Participants will be challenged to explore and experiment with those things that Christ followers do in order to become alert and to remain open and aligned to the ongoing work of God.

Discerning Specific Calling/ Vocation

Participants will continue to be challenged to see and live their whole lives as a response to God's initiating creative and redemptive work, coming to a greater understanding and confidence in what they are to be about for God's kingdom purposes.

Developing a Rule of Life

Participants will draft a set of attitudes, behaviors, and practices/disciplines that will structure their lives after *A Way of Life* toward a deeper attention to and alignment with God's compassionate and reconciling way.

Delving into the Scriptures

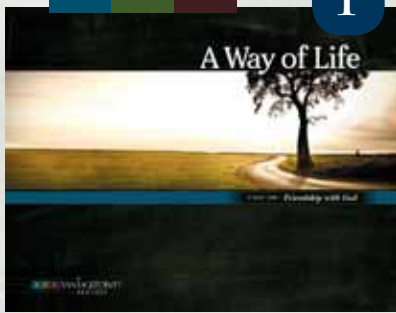
Participants will grow in a deeper prayerfulness and skillfulness with the Scriptures, and thereby grow in a greater appreciation of the Scriptures' transforming, *Personal* influence.

Mentoring Relationships

Participants will increasingly grow to value and prioritize the practice of walking alongside a mature believer. Mutual mentoring groups will be developed in Stages 2 & 3 to encourage a skillfulness and confidence in being a spiritual companion to others.

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1



STAGE ONE: FRIENDSHIP WITH GOD

- Session 1: *An Invitation to Discover*
- Session 2: *Called to Friendship with God*
- Session 3: *Bible Reading*
- Session 4: *Prayer*
- Session 5: *Worship*
- Session 6: *A Sabbath Rhythm*
- Session 7: *Retreat*

Sanctuary of the Soul: Journey into Meditative Prayer
Richard J. Foster
Downers Grove, IL: InterVarsity Press, 2011



STAGE TWO: COMMUNITY WITH OTHERS

- Session 1: *Called to Community*
- Session 2: *Living Gratefully*
- Session 3: *Living Truthfully*
- Session 4: *Living Hospitably*
- Session 5: *Spiritual Gifts*
- Session 6: *Celebration & A Shared Meal*
- Session 7: *Forgiveness (A book discussion)*

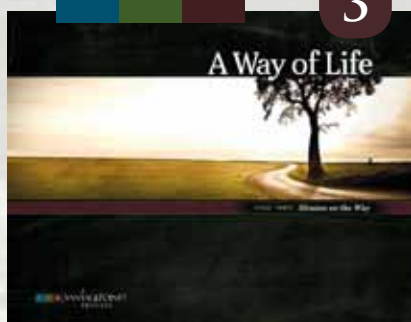


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Forgiving as We've Been Forgiven: Community Practices for Making Peace
L. Gregory Jones & Célestin Musekura
Downers Grove, IL: InterVarsity Press, 2010



3



STAGE THREE: MISSION ON THE WAY

- Session 1: *God's Mission*
- Session 2: *Called to Ministry*
- Session 3: *Connecting Faith & Work (Field Trips)*
- Session 4: *Connecting Faith & Work (Debriefing)*
- Session 5: *Discerning Personal Calling*
- Session 6: *Developing a Rule of Life*
- Session 7: *The Adventure*

God in the Alley: Being and Seeing Jesus In A Broken World
Greg Paul
Colorado Springs, CO: Shaw Books, 2004

