

THE JOURNEY

Build Your Group Covenant

Here are two simple versions of a *Journey* Group Covenant that you can build on and modify together...

The Journey Group Covenant

Welcome! As we embark on this journey together, let's commit to creating a safe, supportive, and encouraging environment. This covenant is a shared promise to help us grow and connect meaningfully. Feel free to add your input or suggest any additions during our first meeting—this is your group! Once we agree on the final version, everyone will sign it, and copies will be shared. We may revisit this covenant throughout the year to renew our commitments.

Our commitments to one another:

- We will come prepared and ready to engage in each session.
- We will prioritize our group meetings and strive to arrive on time.
- We will listen attentively and speak thoughtfully, fostering understanding and respect.
- We will keep all discussions confidential unless given permission to share otherwise.
- We will meet regularly with our mentor or spiritual friend, at least once a month.

May this covenant guide us as we grow together on this journey. Blessings on your group!

***The Journey* Small Group Covenant**

As fellow travelers on *The Journey*, we commit to supporting each other in growing deeper in our faith and aligning our lives with God's purpose. We recognize that this is a sacred process and that our group serves as a safe space for honesty, vulnerability, and spiritual growth.

In our time together, we agree to:

- **Prioritize the group** by attending consistently and arriving on time, prepared to engage fully.
- **Support one another** through prayer, encouragement, and presence.
- **Practice confidentiality**, maintaining trust and openness within our group.
- **Listen with grace and humility**, seeking to understand and uplift each other.
- **Be honest** about our struggles, questions, and victories in faith.
- **Honor the leader/facilitator** and the group's agreement to create a respectful, loving environment.
- **Commit to the process**, understanding that growth takes time and perseverance.
- **Meet regularly with a mentor** or spiritual friend (at least monthly) to deepen our faith and learning.
- **Invite God to work** in our lives and be open to the Spirit's guidance, both individually and collectively.

Signature: _____

Date: _____



LEADERS+ RESOURCE
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