

# The Journey



Helping adults take a deep dive into their lives in light of the stunning story of Jesus

VP3's *The Journey* process has been a catalyst for deep transformation and spiritual community in over 16,000 adults across North America for 25 years. What *The Journey* provides is neither a book nor a seminar but rather a process for an extended conversation about God, ourselves, and where we fit in his kingdom work in the world.

In short, *The Journey* is a meaningful walk with a group of adults guided by three primary questions: Who is God? Who am I? What does God desire to do through me?



## The Journey unfolds in three stages:



[ 7 SESSIONS ]



[ 7 SESSIONS ]



[ 7 SESSIONS ]

## The Journey is for those who:

- are hungry for more in their faith journey, no matter where they are now
- ask thoughtful spiritual questions
- care about Jesus' way
- have a burden or passion for the world and desire to serve
- seem eager to learn
- are already in leadership roles
- would like to prepare for leadership roles
- are facing a life change that is causing them to relook at their life
- are considering career changes
- are retired and seeking meaningful ways to invest in others or serve
- are looking for a space and a place to address the biggest questions of their lives

## How *The Journey* works:

- A *Journey* group is composed of 5-12 adults led by a VP3-trained facilitator/leader.
- A typical group progresses through the three stages of *The Journey* in 6-8 months, but there is great flexibility in adapting the rhythm and pace to the needs of your group.
- The process includes regular study, reflection, Bible reading, and prayer and other practices for about 2-4 hours in preparation for the group gathering.
- *Journey* participants will find a spiritual mentor or friend to meet with once or twice a month throughout the process.

## Next Steps: Prepare to lead a group

We offer *The Journey* facilitator training in two different ways.

### In-person Retreat costs \$250 per facilitator

- Two days of training integrated with formational development
- Two lunches and snacks
- One-year subscription to Leaders+ (ongoing resourcing and support)

### Online Training costs \$175 per facilitator

- 2.5 to 3 hours of online training
- Dive straight into the process and best practices for facilitating
- One-year subscription to Leaders+ (ongoing resourcing and support)



\$295 per participant

- **Stage 1: An Attentive Life** set includes *A Mentoring Guide* and *Liturgy of the Ordinary*, Tish Harrison Warren
- **Stage 2: An Examined Life** set includes *The Gift of Being Yourself*, David Benner
- **Stage 3: A Shared Life set** includes *StrengthsFinder 2.0*, Gallup



I was at a spiritual inflection point, and all the "standard" ways I had been taught to engage with God were falling flat. I was hungry for depth and insight and challenge and an equally-curious community.



My *Journey* group was the most connected and vibrant study group I have ever been a part of.



*The Journey* provides the structure for great community and discipleship for a beginner to a long-term follower. VP3 helps to set the table.

