



## STAGE ONE: AN ATTENTIVE LIFE

JANUARY 8

Introductions  
S1, Session 1: An Invitation to Discover

JANUARY 22

S1, Session 2: Engaging The Biblical Story  
S1, Session 3: The Story We Find Ourselves In

FEBRUARY 5

S1, Session 4: A God Who Calls Us  
S1, Session 5: Formed From The Inside Out

FEBRUARY 17

S1, Session 6: Uncovering Our Core Values  
S1, Session 7: Key Scriptures In Our Lives

\*Book Reflection: *Liturgy of The Ordinary: Sacred Practices in Everyday Life*

## STAGE TWO: AN EXAMINED LIFE

MARCH 5

S2, Session 1: A God Who Shapes Us  
S2, Session 2: Remembering Your Story: A Timeline Exercise

MARCH 26

S2, Session 3: Early Shaping Experiences  
S2, Session 4: Twists and Turns Along the Way

APRIL 9 and APRIL 23

S2, Session 5: Writing Our Spiritual Narratives  
S2, Session 6: Sharing Our Spiritual Narratives  
[Share with your triad and/or mentor team.]

MAY 7

S2, Session 7: A Shared Meal

\*Book Reflection: *The Gift of Being Yourself: The Sacred Call to Self-Discovery*

## STAGE THREE: A SHARED LIFE

MAY 21

S3, Session 1: A Shared Way of Life  
S3, Session 2: Jesus' Relational Way with Others

JUNE 4

S3, Session 4: Exploring Our Strengths

JUNE 18

S3, Session 3: Companioning Others  
S3, Session 5: Embracing a Sense of Calling

JUNE 25

S3, Session 6: Next Steps on the Journey  
S3, Session 7: A Time of Blessing

\*Book Reflection: *Liturgy of The Ordinary: Sacred Practices in Everyday Life*

\*Most book reflections will be discussed with a group of three during a separate meeting time.