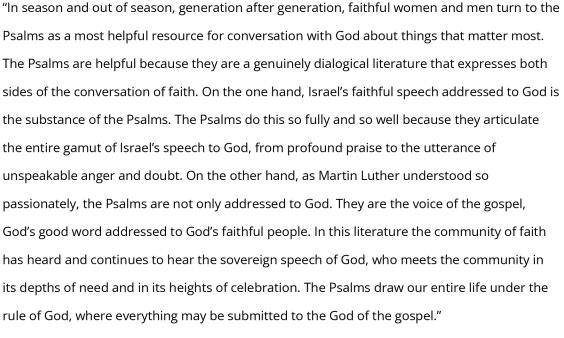
Praying the Psalms

"I knew that following Jesus could never develop into a "long obedience" without a deepening life of prayer and that the Psalms had always been the primary means by which Christians learned to pray everything they lived, and live everything they prayed over the long haul."

—Eugene PetersonA Long Obedience in the Same Direction, 12



—Walter Brueggemann, Spirituality of the Psalms, 1–2

- The Psalms teach us how to bring our whole life before God.
- The Psalms invite us to speak with God out of all that we are. God listens...
- The Psalms invite us to listen and to seek God's good word in the midst of the whole of life.

 God responds...
- Amidst the different situations and seasons of our lives, the Psalms can become our mentors in prayerfulness.

